

## Mission Statement

The mission of the Front Royal Women's Resource Center is to provide support, education, and information to women in Warren County for the enhancement of their personal, family and work lives.

## Membership Application

Please join us!

- \_\_\_\_\_ \$25 Member
- \_\_\_\_\_ \$50 Friend
- \_\_\_\_\_ \$100 Benefactor
- \_\_\_\_\_ Other Amount \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Vocation \_\_\_\_\_

Special Interests/Talents \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Send check payable to:  
**FRWRC**  
 P.O. Box 1748  
 Front Royal, VA 22630-0037

## Phenomenal Woman



*Pretty women wonder where my  
 secret lies.  
 I'm not cute or built to suit a  
 fashion model's size  
 But when I start to tell them,  
 They think I'm telling lies.  
 I say,  
 It's in the reach of my arms,  
 The span of my hips,  
 The stride of my step,  
 The curl of my lips.  
 I'm a woman  
 Phenomenally.  
 Phenomenal woman,  
 That's me.*

*From Phenomenal Woman,  
 by Maya Angelou*

FRONT ROYAL

women's resource center

316 North Royal Avenue  
 P.O. Box 1748  
 Front Royal, VA 22630-0037

tel: 540.636.7007

www.frwrc.org  
 email: wrc@shentel.net

## Reaching Out

We provide the following programs and services:

◆ **The Community Resource Directory** contains listings of over two hundred and fifty area services and service organizations, emergency telephone numbers, elected officials, schools, banks, town and county offices, toll free numbers and hotlines, and internet resources directly relating to women and their families. The directory also contains advertisements of women-owned businesses. The directory is updated every three years.

◆ **WomanGatherings** are informational and inspirational evenings intended to nurture the womanspirit in each of us. Gatherings have included three-part series on women's spirituality, alternatives for women's health, financial management, peace making and creativity.

◆ **The Women's Resource Breakfasts** are co-sponsored by the FRWRC and the Chamber of Commerce. These semi-annual breakfasts provide a meeting and networking opportunity for women in the community.

◆ **The Dare to Dream Grant** was established to provide women with an opportunity to enrich their personal and professional lives. Five grants, in the amount of \$1,000 each, are presented to local women each year in March to help make their dreams come true.

◆ **The Resource Library** for women offers books and tapes on issues of interest to women. It is located in our office and is available to women five days a week on a self-serve basis.

◆ **Voter Education and Registration** is sponsored by the FRWRC during election years. We sponsor voter registration booths and co-sponsor candidate forums to assist women and their families to cast educated votes.

◆ **Leadership Development Assistance** provides members with the opportunity to enhance leadership skills through participation in the Chamber of Commerce's Leadership program. Financial assistance is offered to a member accepted into the program.

◆ **The Library Book Donation Program**, co-sponsored with Royal Oak Bookshop, provides books of interest to women to Samuels Public Library on a monthly basis.

◆ **Special Events** have included the Front Royal Heritage Celebration that marked the 150-year anniversary of women's rights, the fund raiser for the Forensic Nurse Examiners Program at Warren Memorial Hospital and the poetry workshop and evening performance with award winning poet, Patricia Johnson.

◆ **Voices of Valley Women** is a writer's forum featuring original writing by area women. Writing is in any genre (fiction, non-fiction, poetry, essay, letter) and is published in our newsletter and on our web site. The project also includes the production of an oral history video tape featuring women who have affected the history of Warren County.

◆ **A Monthly Radio Program** is produced by the FRWRC the second Friday of each month. The program titled, *Warren County Women Today*, features interviews with interesting people and organizations in Warren County and showcases topics and issues of interest to women. We can be found on WFTR radio from 12:30 - 1:00 p.m., 1450 AM and 95.3 FM.

◆ **Our Web Site** [www.frwrc.org](http://www.frwrc.org) features information about our organization and links to a variety of wonderful resources for women. It features our Community Resource Directory, our bimonthly newsletter *The Weaver*, and *Voices of Valley Women*, the writer's forum for valley women.

## Reaching Within

We are a peer organization where everyone who comes to a business meeting has a vote. There are coordinators instead of officers, and everyone participates at the level at which she is comfortable. Our challenge has been to create a new type of group that nourishes while getting the job done.

Our monthly business meetings are held on the third Wednesday of every month from 5:30 to 6:30 p.m. at our office, 316 South Royal Avenue. All members are welcome at these meetings. We have lively short meetings and manage to get a lot done easily and quickly.

We do not set limits, only goals. Our intention is for the Center to be a network where we are able to assist each other with any question or need, to learn from each other, and to simply connect. We are "women of resource."

## We Invite You...

*To join in this uncharted course!*

**As a member you will receive:**

- Participation in meetings
- Our bi-monthly newsletter, *The Weaver*, connecting and informing area women
- The *Women's Resource Directory*, a listing of over 250 area resources
- A reduced price advertisement in the *Community Resource Directory*.
- Mailings and information about special center events
- An opportunity to be connected to the phenomenal women in our area.